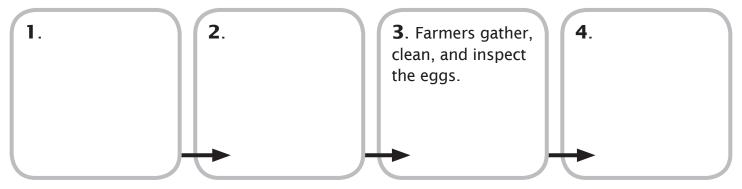
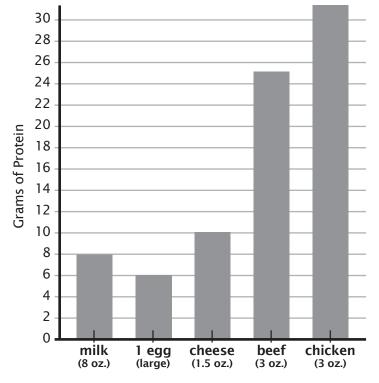


Write the steps involved in getting eggs to stores and restaurants.



Read the graph and answer the questions.



- If you had one serving of milk and one serving of chicken, how many grams of protein would you get?
- 2. A 9-year-old needs about 31 grams of protein every day. What two things could you eat to get exactly 31 grams of protein?

3. How many more grams of protein can be found in chicken than in milk?

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4. Chicken contains how many more grams of protein than beef?

5. Which food has the most grams of protein?

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